# CARTMEL SURGERY

### NEWSLETTER



### CHRISTMAS OPENING HOURS

The surgery will be closed on:

Christmas Day Wednesday 25th December

Boxing Day Thursday 26th December

New Years Day Wednesday 1st January 2020

We are open as normal on Monday 23rd, Tuesday 24th, Friday 27th, Monday 30th and Tuesday 31st December 8.00am — 6.30pm

If you have an urgent medical problem that cannot wait until we re-open please contact **NHS 111** by **dialing 111** which is free from landlines and mobile phones.

Please remember to order and collect any medication you will need over the Christmas holidays.

## Ten best GP surgeries in England revealed

The new league table is based on the latest findings from the GP Patient Survey - a huge ongoing poll involving more than a million people a year.

It covers everything from the trust patients have in their doctor, to the attitude of reception staff and how easy it is to get an appointment.

Data was used from seven key areas.

These include: how easy it is to get an appointment, whether opening times are convenient, whether people trust the GP, whether the GP listens to them, whether the GP treats them with care and concern, whether receptionists are helpful, and how patients rate their overall experience.

In order to rank all surgeries nationwide, each surgery was given a rank for its performance in each area. Those category rankings were then added up to give an overall ranking.

# We are absolutely delighted to be ranked 6<sup>th</sup> out of 6859 surgeries in England.

Thank you to everyone who gave such positive feedback it is greatly appreciated

### Www.cartmelsurgery.co.uk

Dr J Colclough & Dr A Stearn Cartmel Surgery Haggs Lane Cartmel Grange-over-Sands

Phone: 015395 36366 Fax: 015395 36766 E-mail: cartmel.a82647@nhs.net meet our NEW Staff

During the year we have welcomed several new staff to the Practice:

Mrs Kathy Haughton—Practice Nurse

Ms Christine Mason—Receptionist

Miss Amy Shepherd—Receptionist/Admin

Farhana Rawat—Clinical Pharmacist

Dr Carolyn Patrick—GP Registrar who is with us for 12-18 months.

Dr Tani Randhawa—FY2 who will be at the Practice until the end of March 2020.

WE'RE ON THE WEB
WWW.CARTMELSURGERY.CO.UK

### REPEAT PRESCRIPTION ORDERING

Please remember to give 48 HOURS/2 WORKING DAYS NOTICE.

If you are on a regular repeat prescription you can now go onto automatic repeats. This would mean you would no longer need to ring up or place an order, it would automatically be ready for you on the same day each month. If you would like to do this please speak to the dispenser.

Thanks to a scheme run by Teva, used inhalers can now be recycled.

Inhalers can be recycled by placing them in the box in the waiting room.

#### Did you know?

Approximately 73 million inhalers are used in the UK every year

Inhaler Recycling • Landfill disposal of inhalers is harmful to the environment both in material waste and in greenhouse gas emissions should the gas canisters become pierced or

crushed and the propellant released

If every inhaler-user in the UK returned all their inhalers for one year, this would save 512,330 tonnes of CO2eq - the same as a VW Golf car being driven around the world 88,606 times!! **Please support** this campaign and recycle <u>ALL your inhalers</u>. Thank you

The next meeting of the PPG will be held at Cartmel Surgery

On Thursday 30th January 2020 at 2.00pm – 3.00pm

Everyone is welcome to attend, we value all patient feedback.

